

# HEALTHFUL ELEMENTS



This info sheet was adapted from a trusted colleague who's studied TRS extensively.

We've seen **remarkable** changes and improvements in our clients' health with the addition of TRS/zeolites.

## **1. WHAT IS TRS? CAN YOU TELL ME MORE ABOUT THE COMPANY THAT PRODUCES IT?**

TRS is short for "Advanced Toxin and Contaminants Removal System." It's a product manufactured in the USA **specially designed to remove heavy metals** and other toxins from the body. Coseva is the name of the health and wellness company that produces TRS; they're a distributor-sponsored direct sales company which is not the same as a multi-level marketing company. Coseva is a product driven company and they don't require customers to sign up as distributors in order to purchase its products at a discounted price nor does it give incentives for distributors to recruit their friends and family members to distribute TRS.

## **2. WHAT ARE THE INGREDIENTS AND WHO INVENTED IT?**

There are only two ingredients in TRS: manmade nano-zeolites and purified water.

The inventor of the product is a scientist named Dr. Tracy Holdford. He holds five PhDs in various disciplines, used to work at NASA, and is extremely knowledgeable about environmental pollution and detoxification. He's been working with zeolites since the 1970s and was very excited to chance upon a method that allows nano-zeolites to be encased into water molecules clusters.

## **3. WHICH TOXINS DOES TRS REMOVE?**

TRS removes any toxin with a positive charge and that includes **heavy metals** and toxic elements (aluminum, mercury, arsenic, fluoride, barium, strontium, uranium, lead, etc.), pesticides and herbicides, plastic residues, toxins from molds and yeasts, carcinogens from smoke and haze, and also any radioactive material in the body.

## **4. HOW DOES THE PRODUCT WORK?**

TRS is a clinoptilolite (lab grown zeolite) bound to water. Clinoptilolite is shaped like a cage and is one of only a few minerals in nature that carries a high negative charge with a strong affinity for toxins, as toxins are usually positively charged.

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It's this combination that allows the zeolite to **capture toxic heavy metals** containing a high positive charge like **mercury, lead, cadmium, thallium, aluminum, barium, thorium, cadmium, uranium, and others**. TRS will then remove them from the body. Once the toxins are trapped in the zeolites' cage, it's nearly impossible for them to escape this bond. It takes over 900°F to break it. Once absorbed into the cage, the metals are removed and **cannot be deposited in other tissues**.

With the zeolites encased in water, a good way to think about it would be hundreds of thousands of little toxin magnet clusters going into your body. These magnets are attracted to **heavy metals**, pesticides, and any other toxin that has a positive charge. Their tiny size (0.9 nanometers) means that they have a huge amount of surface area to capture toxins and the encapsulation in water molecules clusters means that they can go wherever water goes, cross the blood brain barrier easily, and detox the body at a cellular level.

Once toxins get stuck onto the magnets, they are captured within the zeolites' cage-like structure and **rendered inert**, with no chance of breaking loose. **This is why TRS does not cause redistribution and damage to the body.**

TRS differs from other forms of chelation as the heavy metals are absorbed inside the cage (not stuck to the outside) and are inside the zeolites' negative charge field. The metals are then neutralized and again, cannot damage any surrounding tissue during the removal process. **This form of removal of heavy metals is much faster than any other form of chelation.**

TRS is fast-acting and is removed from the blood in 5-7 hours and in turn, so are the trapped toxins and heavy metals. TRS is removed through normal bodily processes and due to it neutralizing and removing toxic material, it **greatly reduces the burden on the liver and kidneys**. TRS is so small that the kidneys don't have to filter it; that's how gentle this method of detoxing is.

## 5. WHAT ABOUT "NATURAL" ZEOLITES FROM OTHER COMPANIES?

Companies promoting "natural" zeolites use *mined* zeolites that could well be contaminated with heavy metals inherent to the earth, which is obviously the opposite of what we want.

Mined zeolites need to be "scrubbed," treated, and cleaned, whereas Coseva manufactures TRS in a lab, from scratch, free of all contamination.

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## 6. HOW DO I GET THE "PREFERRED CUSTOMER PRICE?"

[Choose the "preferred customer price" option when adding TRS to your cart.](#) And choose "yes" to the autoship option on the next page when you are entering delivery and payment details. These two steps will ensure that you get the lowest prices available.

One bottle of TRS is \$95 but it drops to \$68 on autoship. Three bottles of TRS retails for \$170. The best value would be the three bottle pack on autoship at \$150, which means each bottle is then \$50.

The autoship option is very straightforward; you can cancel or alter the dates at any time and there is no penalty for canceling or any hidden fees for signing up for autoship.

If you are having issues with your user name or password and want to cancel your autoship, you can also contact customer service to do it for you at [support@coseva.com](mailto:support@coseva.com).

[Order here >](#)

## 7. HOW MUCH DOES SHIPPING COST AND HOW LONG DOES IT TAKE? WHAT IS THE RETURN POLICY FOR TRS?

Shipping within the U.S. is \$8 (for one bottle or three) and it is about \$20-60 for other countries.

This product ships worldwide. Shipping time is around 5 business days within the U.S. and up to three weeks for international destinations.

Please note that VAT will apply for residents in European countries. Customs and taxes for other countries might apply too and are NOT reflected at checkout on the Coseva website. Those would have to be paid before or upon delivery in the destination country, if applicable.

Coseva has a 30-day satisfaction guarantee money back policy for its products. Within 30 days of receiving your TRS, you can email customer service at [support@coseva.com](mailto:support@coseva.com) for a refund sans shipping costs if you decide that TRS is not the right detox for your family. It's very straightforward and hassle-free so that you can order with confidence.

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## 8. WHAT CHANGES CAN BE EXPECTED?

### **ADULTS:**

For adults, improved energy levels, concentration and memory, healthier hair, nails, and skin and more restful sleep are common reported results of using TRS.

Many have also reported **parasites, yeast, and fungal infections clearing up** as a result of heavy metals being removed from the body.

### **CHILDREN:**

Some families report no noticeable changes initially. Others notice better sleep and comment that they seem to be in better spirits and have more regular and frequent bowel movements as their gut health clears up.

Speech explosions in children and improved appetites are also commonly reported. Some parents report more crying, tantrums, whining or a runny nose during the first few days of starting TRS. It's believed that this is due to the brain "waking up" and the release of negative emotions. Heavy metals trap negative emotions so when heavy metals leave the body, those trapped emotions do as well.

If your child is displaying a lot of undesirable behaviors after starting TRS, you might consider reducing the usage rate and then increasing it slowly again. Please also check the files for a sample template of a chart "weekly usage" for monitoring progress in kids and the "testimonies" photo album for results other families have reported.

**It is recommended to use TRS for 6 months /6 bottles** to achieve significant results though many do report gains before then.

## 9. HOW MUCH TRS SHOULD I START WITH? AND WHAT DOES IT TASTE LIKE?

The daily usage rate is 5 sprays per day: 2 in the morning and 3 at night. It is also fine to do more than 5 sprays if desired.

Most people start with 1 spray just before bed or with the daily usage rate and monitor symptoms and behavior and increase or decrease as needed.

This following is an example schedule some families have followed with good results:

- First week: 1 spray nightly
- Second week: 2 sprays daily, 1 in the morning, 1 at night
- Third week: 5 sprays daily, 2 in the morning, 3 at night

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For babies younger than 2 years, these daily usage rates can be considered:

- 0-6 months: 1/2 spray a day
- 6-12 months: 1 spray a day
- 1-2 year: start with 1 spray and can be increased to as many sprays the parent is comfortable with

For babies with known heavy metals toxicity and acute symptoms, consider increasing sprays as tolerated and as comfortable.

For children 2 years and above, consider starting with 1 spray and increasing to 5 sprays as comfortable.

Usage rates for adults is the same as for kids 2 years and above.

Parents are encouraged to start TRS earlier or together with their children to experience the benefits of TRS for themselves. Many adults report feeling calmer and a sense of wellness along with more restful sleep.

TRS is tasteless and is very easy to administer. It's sprayed directly into the mouth. For orally defensive children, it is also fine to spray TRS into a favorite beverage or food.

## **10. DO I NEED ANY OTHER SUPPLEMENTS DURING THIS TIME?**

No, TRS does not tax the organs in any way and is very gentle and effective. It does not strip the body of any beneficial nutrients.

If you or your child are already on supplements, you can continue to use them as **TRS is biologically inert and does not interact with any food or nutrients.**

Many report that daily light exercise to keep the lymphatic system moving, sunshine for Vitamin D production, ensuring regular bowel moments, and plenty of rest as needed helps to optimize the detox journey.

Of course, a healthy, sensible diet with adequate fluids and avoidance of toxins in general is encouraged, with or without TRS.

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## **11. CAN A PERSON WHO IS TAKING MEDICATIONS CONTAINING HEAVY METALS USE TRS? HOW ABOUT DIALYSIS? WHAT ABOUT AMALGAMS AND ARTIFICIAL IMPLANTS?**

TRS can be used safely with treatments containing heavy metals such as chemotherapy. However, TRS should be given 6 hours after chemotherapy or any medicines containing heavy metals.

TRS does NOT tax the kidneys but the zeolites do require a route of elimination. For kidney patients on dialysis, please let your healthcare provider know that you are using a zeolite product as the zeolites might affect the membranes of the dialysis machine so that they can monitor the machine and make sure it's filtering properly.

TRS does not affect amalgams or any other implants in the body as it is a passive chelator. It will however, remove toxins that the amalgams and implants can release.

## **12. DO I NEED A HEAVY METALS TEST PRE- AND POST-TRS?**

It is not needed to test for heavy metals pre- and post- but some families prefer to for peace of mind, especially if the financial costs of testing is not a major deterrent.

For heavy metals hair tests without going through a provider, [Direct Labs is commonly recommended](#).

## **13. HOW DO I KNOW IF TRS IS WORKING?**

The best way of knowing if TRS is “working” is that the symptoms that you’re suspecting are due to heavy metals toxicity are alleviated. These symptoms can include neurological, speech, sensory, gut, immune, and behavioral issues.

## **14. HOW LONG SHOULD I USE TRS?**

It's suggested to use TRS for a **minimum of 6 months** or the 6 bottles' equivalent of TRS to see significant improvements.

As symptoms alleviate, some families choose to reduce to a lower daily usage rate to protect themselves from environmental toxins or wean off altogether if they are certain that they have no chronic sources of heavy metals and toxin exposure.

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## **15. ARE THERE ANY SIDE EFFECTS FROM TAKING TRS? IS IT SAFE FOR NURSING AND PREGNANT WOMEN?**

TRS is comprised of manufactured nano-zeolites encased in water molecules and are passive in the body and are passed out along with the encapsulated toxins in 6 hours. It does not affect any organs, does not accumulate in the body, and is safe for long term usage for the above reasons.

Dr. Holdford, the developer of Advanced TRS has explained that TRS is safe for newborns, infants, and pregnant and nursing mothers due to the following reasons:

Once the nano-zeolites in TRS trap the toxins within the zeolite molecule cage, the toxins are completely encapsulated and cannot break free from the cage. TRS is nontoxic and inert in the metabolic pathways.

Generally, urine is going to be the primary path of elimination. In addition, no matter which way the zeolites leave the body, the toxins are rendered inert and will not be available to the body.

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