



## The Root Brands

Products at [The Root Brands](#) are **the best detox products on the market**. The word “detox” has been thrown around frivolously for years and I’ve seen my share of “detox protocols” that left people worse off than when they started because of redistribution of toxins.

Root products are formulated to **open pathways of detoxification** at the same time they eradicate toxins and regenerate the body. These nutraceuticals are helping to **reverse the [damage that’s happening to so many people around the world](#)** and also helping people find solutions for other inflammatory conditions, including autoimmunity, eczema, fibromyalgia, depression and schizoaffective disorder, COPD, chronic fatigue, asthma, ADHD, stroke and cardiovascular disease, peripheral neuropathy, kidney disease, Parkinson’s, and GI disease, to name just a few.

[The data at the above link is said to represent **a mere 1% of injury**. Source: Harvard University]

**DISCLAIMER:** The information provided in this document is for educational purposes and is not intended as medical advice or a substitute for the medical advice of a physician, mental health professional, or other qualified health care professionals.

You should always consult with a doctor, mental health professional, or other health care provider for medical advice, diagnosis, or treatment before starting any of the activities or products mentioned in this document.

The Root Brands, nor its representatives, claims or implies that these products prevent, treat, or cure any illness, disorder, or disease.



The protocol you see below is **focused, with limited products and an easy schedule.**

- It's **simple** in approach and **simple** in focus—but in simplicity you will find great complexity.
- It's focused on a **foundation of wellness.**
- The nutrients are **bioavailable** in the cells.
- They help shift from X symptom = X supplement (the allopathic/conventional medicine model).
- They allow space and time for body to **respond** to nutrients.
- It's based on the principle of addressing **causes** of health concerns versus trying to chase symptoms.

**IMPORTANT:** [You can find a Dosing Guide here >](#)

[Go here for a list of short Root case studies >](#)

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**Trinity = Clean Slate + Restore + Zero-In**  
(Can purchase separately, or comes as Trinity Pack or Trinity Pack Plus)



### Clean Slate

- Potent (use **an abundance of slow** and approach this as a marathon, not a sprint...[see dosing guide](#))
- Raw ingredient is 97% pure zeolite clinoptilolite with 3% bentonite clay
- Proprietary blend of silica, Vitamin C, and trace minerals

[www.therootbrands.com](http://www.therootbrands.com)



- **No other zeolite like it**
  - Starts where other zeolites leave off
  - Other zeolites can harm silica, which is what's needed to **remove shot adjuvants and protect from spike protein**
  - Dr. Rahm sources from the only mine that has it, no one else can get it or extract it and she's patented the process of **unlocking the bioavailable silica** (silicon dioxide) that's the most important part of the sodium-alumino-silicate of clinoptilolite
  - Contains orthosilicic acid—Dr. Rahm is the only person in the world who knows how to unlock the acid from its most bioavailable form
- **Places a blockade around cells to protect them from environmental toxins, including the spike protein.**
- Embeds **frequencies of healing** to increase efficacy (prayer, magnets, and polarization) and communicates regeneration of every cell of the body
- **Rips apart the viruses and bacteria and stops cellular communication and shot adjuvants; grabs onto and removes:**
  - **graphene oxide**
  - aluminum oxide
  - iron oxide
  - parasites
  - heavy metals (involved in fungus proliferation and one of the primary causes of autoimmunity)
- Embedded with trace minerals to prevent **mineral depletion/mineral gapping and support the cell in regeneration** \*
  - QNET technology delivers minerals to cells
  - Adjuvants and **heavy metals** displace minerals in the cell receptor sites, so cells can't absorb any minerals, even from supplements, in the presence of heavy metals (helps to prevent mineral gapping and autoimmunity)
  - Makes metals inert and regenerates
- Encapsulated in nano-emulsified Vitamin C, which is the lock that gets everything into the cell, then frequency goes into mitochondria
  - **Cleans cells, cleans mitochondria, and starts regeneration**

\* **Note:** Mineral gapping is also called bioidentical replacement. Minerals are the key to the lock on our cell receptors. **But heavy metals mimic minerals, making us mineral deficient.** Our cells need *something*, or they collapse, so they uptake metals in place of minerals. **If we remove the metals without mineral replacement, autoimmunity can set in.** Minerals need to be *with* the metals detox.



With Clean Slate, the **minerals are embedded** so you don't need extra to support the detox function. Taking minerals next to a zeolite is not the same thing and this is why Dr. Rahm embedded them. For those who are severely mineral depleted, they can continue to take extra trace minerals through the day, as well as take advantage of the trace minerals in Immune Defense Shield (see below) and Relive Greens.

[See more information about **historic use of zeolite clinoptilolite** at the end of this document.]

## Restore

- Proprietary blend of turmeric root extract/curcumin, raspberry extract, resveratrol, apple cider vinegar, aloe vera, D-ribose, ketones, and black seed oil
- Uses quantum nanoemulsion technology (QNET)
- **Places a blockade around cells to protect them from environmental toxins, including the spike protein**
- **Repairs leaky gut (rehabilitates cellular/epithelial junctions) and regenerates microbiome**
- Elevates eradication of invaders, including **yeast/candida/mold, parasites**, (Dr. Rahm says fungi are prolific and a huge problem)
- Supports cellular regeneration
- **Greatly reduces inflammation**
- **Black seed oil** creates a blockage around the cells and protects from **spike protein**  
Apple cider vinegar increases acidity for absorption
  - QNET technology helps the ACV to work where acidity is needed or where alkalinity is needed (adaptogenic)
- Supports bone health
- Antioxidant and anti-inflammatory benefits
- Helps to normalize blood pressure
- Aids in weight loss
- Anti-cancer properties

## Zero-In

- Proprietary blend of turmeric/curcumin, **pine bark/resin** (way more effective than pine needles or oil), velvet bean seed, L-theanine, L-tyrosine, Vitamin D, anhydrous caffeine (from the leaf, not the bean)
  - L-theanine + L-tyrosine = **"a deep breath in a bottle"**



- Contains **adaptogens** and patented catalysts
  - Allows the body to make the amount it needs
  - Caffeine (from the leaf) and Vitamin D are catalysts that drive into the area it needs to be delivered (catalysts are why drugs work so quickly)
- **Increases cognitive function and mental acuity**
- Increases energy and endurance
- **Helps to balance hormones and neurotransmitters**
- Helps the body make its own dopamine and serotonin, then converted in pineal gland to melatonin to **help with sleep**
  - “Serotonin in a bottle”
- **Scrubs plaque in brain**
- Alternative to “the little blue pill”
- **Good for children with autism or ADD/ADHD**
- Helpful for those with **PTSD**
- **Washes glymphatics**

### [Immune Defense Shield](#)



- Proprietary blend of Vitamin C, Vitamin D, Vitamin K2, magnesium, OmniMin™ AC (trace minerals),  $\beta$ -Nicotinamide Adenine Dinucleotide (NAD+), and quercetin
- **Maintains and stabilizes DNA and proper cell function**—helps the body maintain DNA integrity and ensure proper cell function while assisting with the effects of aging and disease
- **Rebuilds, repairs, and protects DNA at the core, at the mitochondria**
- **Epigenetic**
- **Stops cellular signaling of spike protein, “like smashing a cell phone”**
- Regenerates cells and reverses cell aging, which can lead to autoimmunity



- NAD+ is expensive and difficult to get
  - Not many companies make NAD+
  - More isn't better and micro-dosing is best, which is better than an IV (IV = \$400-\$500 per administration)
  - Dr. Rahm patented the way to stabilize NAD for two years; it's unique to her
  - NAD + quercetin make glutathione
- Stops production of free radicals and oxidative stress
- **Helps with addiction, detox, inflammation**
- Boosts metabolism
- **Facilitates gene expression**
- Preserves prenatal chromosomal integrity
- Optimizes heart regulation
- **Cleanses parasites and fungi**

## Historic use of natural zeolite clinoptilolite found in Clean Slate

Zeolite clinoptilolite has been used in **livestock feeds** for decades to prevent aflatoxicosis, the poisoning that results from ingestion of aflatoxins, the carcinogenic mycotoxins produced by the *Aspergillus flavus* and *Aspergillus parasiticus* species of fungi. Aflatoxins are amongst the most carcinogenic substances known.

Shortly after the **Fukushima** disaster, the Japanese government began ordering the dropping of zeolites in the oceans surrounding the disaster site.

It's had a variety of roles in tackling the dramatic and detrimental effects of the **Chernobyl** disaster. Over 500,000 tons of clinoptilolite zeolite were shipped in from Ukraine, Georgia, and Russia—the material was successfully used to decontaminate low-level radiation waters. It was also used by the Bulgarian government for their Chernobyl disaster. They found the Rhodope Mountains rich in zeolite and the people were unaffected.

It's been used extensively in reducing environmental impacts of major accidents, such as the **3-Mile Island** event in Pennsylvania, which has led to further use of natural zeolites due to its affinity to both strontium and cesium.

[Study >](#)