



## Zeolites

This info sheet was adapted from a trusted colleague who's studied zeolites extensively.

I've seen **remarkable** changes and improvements in my clients' health with the addition of zeolites. [This is the only zeolite product I recommend](#) and you can [read more here about this specific formulation](#).

Zeolites remove any toxin with a positive charge and that includes **heavy metals** and toxic elements (aluminum, mercury, arsenic, fluoride, barium, strontium, uranium, lead, etc.), pesticides and herbicides, plastic residues, toxins from molds and yeasts, carcinogens from smoke and haze, and also any radioactive material in the body.

Zeolites are a clinoptilolite (lab grown zeolite) bound to water. Clinoptilolite is shaped like a cage and is one of only a few minerals in nature that carries a high negative charge with a strong affinity for toxins, as toxins are typically positively charged.

It's this combination that allows the zeolite to **capture toxic heavy metals** containing a high positive charge like **mercury, lead, cadmium, thallium, aluminum, barium, thorium, cadmium, uranium, and others** and remove them from the body. Once the toxins are trapped in the zeolites' cage, it's nearly impossible for them to escape this bond. It takes over 900°F to break it. Once absorbed into the cage, the metals are removed and **cannot be deposited in other tissues**.

You can think of it like hundreds of thousands of little toxin magnet clusters going into your body. Their tiny size (0.9 nanometers) means that they have a huge amount of surface area to capture toxins and the encapsulation in water molecules clusters means that they can go wherever water goes, cross the blood brain barrier easily, and detox the body at a cellular level.

Once toxins get stuck onto the magnets, they are captured within the zeolites' cage-like structure and **rendered inert**, with no chance of breaking loose. **This is why zeolites do not cause redistribution and damage to the body.**

This differs from other forms of chelation as the heavy metals are absorbed inside the cage (not stuck to the outside) and are inside the zeolites' negative charge field. The metals are then neutralized and again, cannot damage any surrounding tissue during the removal process. **This form of removal of heavy metals is much faster than any other form of chelation.**

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# HEALTHFUL ELEMENTS



It's fast-acting and **greatly reduces the burden on the liver and kidneys**. The zeolites are so small that the kidneys don't have to filter it; that's how gentle this method of detoxing is.

## What changes can be expected?

### Adults:

Improved energy levels, concentration and memory, healthier hair, nails, and skin and more restful sleep are common, in addition to **parasites, yeast, and fungal infections clearing up**.

### Children:

Some families report no noticeable changes initially. Others notice better sleep and that their children seem to be in better spirits and have more regular and frequent bowel movements as their gut health clears up.

Speech explosions and improved appetites are also commonly reported. Some parents report more crying, tantrums, whining or a runny nose during the first few days of starting zeolites. It's believed that this is due to the brain "waking up" and the release of negative emotions. Heavy metals trap negative emotions so when heavy metals leave the body, those trapped emotions do as well.

If your child is displaying undesirable behaviors after starting zeolites, you might consider reducing the usage rate and then increasing it slowly again.

Parents are encouraged to start zeolites earlier or together with their children to experience the benefits for themselves. Many adults report feeling calmer and a sense of wellness along with more restful sleep.

If you or your child are already on supplements, you can continue to use them as **zeolites are biologically inert and do not interact with any food or nutrients**.

Many report that daily light exercise to keep the lymphatic system moving, sunshine for Vitamin D production, ensuring regular bowel moments, and plenty of rest as needed helps to optimize the detox journey.

Of course, a healthy, sensible diet with adequate fluids and avoidance of toxins in general is encouraged, with or without zeolites.

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## **What about medications, dialysis, and amalgams?**

Zeolites can be used safely with treatments containing heavy metals such as chemotherapy. However, zeolites should be given 6 hours after chemotherapy or any medicines containing heavy metals.

Zeolites do NOT tax the kidneys but do require a route of elimination. For kidney patients on dialysis, please let your healthcare provider know that you are using a zeolite product as the zeolites might affect the membranes of the dialysis machine so that they can monitor the machine and make sure it's filtering properly.

Zeolites do not affect amalgams or any other implants in the body as it is a passive chelator. It will however, remove toxins that the amalgams and implants can release.

## **Are they safe for nursing and pregnant women?**

Zeolites are passive in the body and are passed out along with the encapsulated toxins in about 6 hours. It does not affect any organs, does not accumulate in the body, and is safe for long term usage.

Once the zeolites trap the toxins within the zeolite molecule cage, the toxins are completely encapsulated and cannot break free from the cage. It's nontoxic and inert in the metabolic pathways.

Generally, urine is going to be the primary path of elimination. In addition, no matter which way the zeolites leave the body, the toxins are rendered inert and will not be available to the body.

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